# **Safer Holiday Gatherings**

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As transmission in New Hampshire is increasing, here are some suggestions on how to have a safer holiday with friends and family.

#### **Get Tested**

When gathering for the holiday with those who do not live in your immediate household it is recommended that all people have a Covid-19 test <u>regardless</u> of vaccination status **even those who have no symptoms** 

## Do not attend if you or your family members have any symptoms

If you are not feeling well in any way do not potentially, expose others

If you are hosting, be sure to have the conversation with your guest and for the safety of all tell them that if anyone is unwell they should stay home-offer to face-time with them or Zoom!

### Keep groups small to allow for proper distancing

Unless you will be outdoors for your gathering, consider the space and tailor the size to allow for proper social distancing, open windows a bit for ventilation

### **Consider staggering visit times**

If you have a large group ask some to come earlier and some later to keep the numbers small at any given time

#### Ask those who are not vaccinated to stay masked for their safety

Those who are unvaccinated are at greater risk for exposure; explain that their safety is your concern

#### Provider hand sanitizer upon entry

Place a small table at the entry way and a sign to remind people to sanitize on entry

### Avoid the usual kissing/hugging greetings